



Winter 2018

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President's message

Hello APGNN members,

I hope this newsletter finds everyone warm and well! Well, I am just 3 months into my presidency term and am so impressed by the hard work and professionalism coming from each committee. You will see as you read through the newsletter all the fantastic things they are working on. Not to steal Bernadette's thunder, but we have our first mentor/mentee match! We also have a handful of other new members that have expressed interest in having a mentor. As noted before, we are still in the pilot phase of this program and will be limiting enrollment to 10 matches initially. After we work out the bugs, we will expand to the entire membership. So, if you think you may want a mentor but are not sure, you can get more information on our website or you can contact Bernadette Diez, Membership chair.

Maureen Egan, Program Chair, and I just got back from the NASPGHAN conference planning meeting. Now I understand how and why the annual conference is always outstanding. The commitment to excellence, the energy along with the enthusiasm that all the members put into the planning process is amazing and I feel so fortunate that APGNN continues to be a part of that process. While we are still very early in the planning phase, I think we are already off to a great start! Look for more on this from Maureen later in the newsletter.

Goldie Markowitz is creating quite a robust QI and Research Committee. She has shaped the committee in such a way that it is practical for every nurse, not just the PhD researcher. If you have not done so recently, please visit our website and look at the 2017-2019 research agenda she and her committee have put forth.

Who doesn't love fun fact Friday? Thank goodness we finally have a social media chair that is creative with her Facebook posts (it was me before)! Sharon Perry and the Media Committee are not only continuing to publish an interesting quarterly newsletter, they are consistently sharing fun and pertinent information on Facebook, Twitter and LinkedIn. We may soon have an Instagram presence. Please follow us on the social media outlet of your choice!

The Clinical Practice Committee is putting its finishing touches on a much needed liver learning module. Until this is completed, please remember we already have free CEU learning modules on the members only portion of the website. The Patient and Family Education program is expecting a review of several pending parent/patient education tools that, if approved, will be added to GIKids.org and they have several other ideas in mind for future projects.

As you read through this newsletter, take a moment to consider joining one of the many committees mentioned above. I'm certain that every one of our members has something to offer the organization and we would love your input.

Happy reading,
Amy Donegan MS, APRN



MESSAGE FROM PRESIDENT ELECT

Hello from sunny Las Vegas to all of you braving the cold and snow, and Happy 2018! After our wonderful conference here I was able to talk more with world renowned expert on Celiac Disease Dr. Ivor Hill. It was an honor to have him attend our session at the APGNN meeting, and an even greater honor to know his interest in the experience of living with the condition as an adult.

As always, my daughter and I are on a mission to make Gluten free foods that others cannot tell are "different." This month our double "food impostor" was a project for her school, and we made Gluten free dessert "sliders and fries". Please feel free to reach out to me if you need anything!!

Teresa



{ "use your smile to change the world, don't let the world change your smile" }

SECRETARY-TREASURER REPORT

2017 was a profitable year for APGNN. Although our expenses were up, our income also rose over our predictions. We had higher than expected dues income with increased membership, plus we had greater grant donations of \$30,000 this year with a total income of \$57,480.85. Our expenses exceeded our income by a bit totaling \$58,712.84 because

we added videotaping of our conference-- an unplanned expense of \$6300. Fortunately we have sufficient reserve to cover the deficit so are still sitting on a healthy asset mix noted below. Please email rosemary.pauley@boystown.org with any questions, comments or suggestions.

As of January 1st 2018 TOTAL ASSETS = \$ 98,263.08

(LAST quarter--\$101,351.00)

Checking Account Balance \$ 43,181.61

Savings Account Balance \$ 55,081.47



PROGRAM

I am waiting to receive the evaluation from our 2017 conference before setting a date for our planning meeting conference call. Amy Donegan and I attended the NASPGHAN planning meeting.

We have great ideas for topics and speakers. If you would like to join my committee, please email me at maegan@nemours.org.

—Maureen



MEDIA COMMITTEE

Hello everyone,

Are you as done with the cold as me? It's been cold and snowy in Cleveland (it's snowing as I type this) and I'm ready for warmer weather!

Our social media has been buzzing with great information regarding Camp Oasis, celiac disease, and nutrition tips. And these are just a few things we've been talking about!

Fun Fact Friday is back! If there is

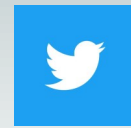
something fun you'd like us to share, let me know. I would love to credit your fact :)

Have you recently written an article or book chapter? Have some research you'd like to share? I'd love to highlight your accomplishments on both social media and the website!

And speaking of websites, I am in the process of making some updates and would love your feedback. Let me know what you like, what you don't

like, and what you want to see.

If you are all about social media and are interested in joining my committee, please feel to reach out to me at sharon.perry@uhhospitals.org



Sharon

PATIENT AND FAMILY EDUCATION

Happy New Year to all!

I am excited to be kicking off 2018 as the Patient & Family Education Chair and am looking forward to all of the invaluable insight from APGNN members. At this time, we are actively seeking topics members have identified as lacking in educational resources.

Our goal is to partner with NASPGHAN to develop easily accessible material for our patients and their families. If you are interested in joining the PFE Committee,

please email me directly at elizabeth.burch@childrens.harvard.edu

Lastly, we want to acknowledge the hard work that is already being done in this field! If you or a colleague has developed an instrument or program for patient education, please consider a nomination for the Excellence in Education Award.

Congratulations again to our 2017 recipient, Leora Hauptman, MS, RN, CPNP who developed patient-focused education

for the Celiac Disease & Gluten-Related Disorders Program at NYU Langone!

"Dreams and dedication are a powerful combination"- William Longgood

Membership

Welcome New Members!

- Cheryl Ann McGillvary RN
- Holly Arnesan BSN
- Tyana Stewart AA
- Candice Bines AA
- Karen Lebron AA
- Joseph Garalde AA
- Conny Quezada AA
- Colleen O'Hearn DNP
- Hillary Paschal RN

Our mentoring program is underway! We have one mentor-mentee pair. If you are interested in having a mentor to help with your career in pediatric gastroenterology or with your professional goals, please take this opportunity to connect with our mentors who have been in peds GI for years and have a wealth of

information and experience to share with you. Your mentor will help you with disease specific areas or general GI, Or you can explore topics in nursing leadership, professional development, and research. For those interested, please contact me at Bernadette Diez at bdiez@psvcare.org.

We are currently 312 members strong! Please renew your membership if you haven't done so. Our membership period is from 1/1/18 to 12/31/18.

We are having a membership drive! Renew your membership by February 28 and be entered in a drawing for a \$50 Amazon gift card! You can renew your membership by logging in at www.NASPGHAN.org

RESEARCH & QUALITY IMPROVEMENT COMMITTEE



Greetings from Research & Quality Improvement Committee

Committee Highlight

Wishing you a happy and healthy New Year! As most individuals look at the new year as an opportunity to set new and improved goals, we too are being introspective to see how we can do better. We resolve to tackle a healthy and perhaps rather robust agenda. We plan to help our members gain access to more CQI and research opportunities, as well as actively seeking out tools and resources. We hope to increase interest and self-confidence (“yes I can do this”) in developing one educational offering for enhancing knowledge base. And finally, we hope to continue to collaborate with our esteemed NASPGHAN and CPNP colleagues, as well as actively seek out new opportunities to partner with other professional interest groups. Please join us as we embark on a journey to help improve our members’ success to be on the forefront of change. Yes, my friends, we remain committed to the pursuit of evidence (or research) based practice.

Committee Project Update

Annual Conference Poster Presentation

Look for Call for Poster Abstracts in late Spring

NASPGHAN Susan Moyer Research Grant

Look for Call for Submission in late Spring

Projects

1. Education: in development of creating a self-learning module. Please let us know what you would like.
2. Research Registry/Speakers Bureau: in development
3. Mentorship: Our membership committee has a wonderful opportunity for those interested in a mentee/mentor relationship. We can support those interested in CQI and research.

Respectfully,

Goldie Markowitz, MSN, CRNP,
Chair, APGNN Research Committee



Research Member Spotlight

New Member Spotlight

Kerri Ann Fournier, BSN, RN,
CPN

Kerri graduated from Boston University in 1985 with a Bachelor of Science in Nursing, and knowing that she loved pediatric nursing Kerri began her career as a staff nurse on an infant/toddler surgical unit at Boston Children’s Hospital (BCH). Kerri has also held staff nurse positions on the IV team, in neonatal intensive care, and for the past 19 years as an infusion nurse in the Center for Ambulatory Transfusion/Clinical Research (CAT/CR). In 2015, Kerri was invited to participate in the first cohort for the Boston Children’s Hospital Evidenced-Based Mentor Program. Kerri’s EBP project, “Does the Evidence Support Pre-Medicating Pediatric Crohn’s Disease Patients with Antihistamines During Infliximab Infusions?” arose as a result of noting a high degree of practice variation among providers with infliximab pre-treatment combinations of acetaminophen, intravenous steroid and an antihistamine and no apparent difference in how patients tolerated infusions. These observations, along with the support of her nursing director and EBP mentor, led to the development of Kerri’s EBP question. Her review of the evidence found no national clinical standard or manufacturer recommendations for pre-medications to prevent infusion-related reactions with infliximab. A further review of published clinical research studies demonstrated that premedication with antihistamines is unnecessary. She has presented her findings and the EBP process during BCH Nurse’s Week 2016, the APGNN annual meeting in 2017 and as a guest lecturer at Boston College. Kerri will also be presenting her work during a concurrent session at SGNA in May 2017.

MESSAGE FROM PAST PRESIDENT

The hustle and bustle of the holiday season is finally over! Now is the perfect time to ring in the new year right and start thinking about becoming more involved in APGNN! We would love to have you consider running for one of our open board positions!

We will be taking nominations for the following positions in the summer of 2018: Media, Clinical Practice, Program and Membership. If your membership is in good standing, and you have been an

APGNN member for at least 1 year, you are eligible to run for any of these positions. Although previous experience on an APGNN committee is a plus and certainly encouraged, it is not mandatory, so it's not too late to join one of the committees now to get a feel if it is a good fit for you!

To learn more, please visit our website <http://www.apgnn.org/?esid=committees> or email me, I would be happy to discuss it with you in detail!

Hope to hear from you soon!

Ryan Shonce, FNP-C Past President

Ryan.shonce@carolinashealthcare.org

Clinical Practice

Happy New Year from the APGNN Clinical Practice Committee! I hope everyone is staying warm in this crazy winter weather. I was excited to have new faces join the Clinical Practice Committee at the annual APGNN meeting in Las Vegas in November. APGNN has partnered with NAPNAP and will be offering some module video segments from the 2017 annual meeting online for CE

credit for those of you not able to attend. We are very excited about being able to offer this and hope to be able to offer more in the future. We have also been busy working on a Basic Liver Disease Module that will be offered on the APGNN webpage for CE credit as well. A separate Biliary Atresia module for CE credit should be released soon.

We have also started work on a constipation curriculum that is geared towards new-to-GI nurses and advanced practice providers. If you would like to help on the constipation curriculum in any way please email me at dkgarner@bcm.edu. We can always use more help and creative minds. Our hope is that this curriculum is a combination of online modules, video segments, etc.

If any of you have any exciting special patients you have cared for submit a clinical vignette, we will post it in our next newsletter for all to learn about.

As always please email me with any questions or ideas you might have for the Clinical Practice Committee dkgarner@bcm.edu

Donna Garner MSN APRN
CPNP
Clinical Practice Chair APGNN

