

The Association of Pediatric Gastroenterology and Nutrition Nurses

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Presidents Message

I hope that all our members from Louisiana and Mississippi are now safe and secure. My heartfelt gratitude to our Texas members as your state was the first warm welcome that many witnessed. My thanks to all of you who extended help first hand, and/or donated to the relief effort.

Our 2005 Conference, *Finding Solutions*, is just around the corner. I trust I will see many of you there. It is a great opportunity to learn the latest in Pediatric GI and Nutrition, discover new strategies for dealing with challenging patients and families and to network with your colleagues. Big thanks to our members who are presenting a Zebra this year. The program committee, chaired by Mary Alice Tully, has worked very hard to provide a quality conference so please thank them as well if you have a chance.

Don't forget that APGNN is celebrating our 15th Anniversary at the conference with a fun reception Friday evening, October 21st. We also have a special luncheon on Friday to announce the winner of the 2005 inaugural *Excellence in Education Award*, followed by our Annual Business meeting. Come hear all that your organization is working to achieve. A membership questionnaire will be distributed so that your voice can be heard. Better yet, seek out a member

of the leadership team and tell us how APGNN is/is not meeting your needs.

I look forward to seeing as many of you as possible in Salt Lake City. Safe Travels.

Best Regards,

Adelina (Addie) F. McDuffie

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APGNN President

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APGNN 15th Anniversary

Join us for the world premiere of the *brand new* APGNN Logo during the APGNN/NASPGHAN annual meeting in Salt Lake City October 21-22

Hope to see YOU there!

APGNN Annual Meeting!!

See you in Salt Lake City, October 21-22, 2005!

We have a great program, don't miss out. It's not too late to register! Go to www.NASPGHAN.org for the schedule and online registration.

Mary Alice Tully, Chair, Program Committee

JOIN AN APGNN COMMITTEE!

Everyone is invited to join one of our committees at any time. If you are attending the meeting in Salt Lake City, you will have the opportunity to learn first hand how you can contribute to our organization by becoming involved in a Committee. This is a wonderful way to network and exchange ideas, it is extremely rewarding. Please consider attending a Committee Meeting. If you are unable to attend and are interested in getting involved, contact the respective Committee Chairs

Thursday October 20, 2005 6-7 p.m.

Grand America Hotel, Salt Lake City

APGNN Subcommittee Meetings

Committee Name	Location	Committee Chair/Contact Information
Program	Venice Room	Mary Alice Tully: maryalice.tully@childrens.harvard.edu
Newsletter	Versailles Room	Robin Shannon: shannon@musc.edu
Patient/Family Education	Belvedere Room	Lisa Philichi: lisa.philichi@multicare.org
Research/Publication	Vienna Room	Lynn Mattis: lmattis@jhmi.edu
Clinical Practice	Sussex Room	Shari Huffman: shuffman@nemours.org

APGNN Roundtables Salt Lake City, October 22, 2005 3:00 p.m.

Here is a preview of the Roundtables at the upcoming APGNN meeting. For those of you who cannot attend, we will summarize conference details for you in the next APGNN Newsletter!

Practice Guidelines

Facilitated by: Shari Huffman, MSN, CPNP: APGNN Clinical Practice Chair & Robin Shannon, MS, CPNP, Newsletter Committee Chair

Goal: To review the concept of clinical practice guidelines and discuss application to Pediatric GI practices

Objectives:

1. Describe the importance and applicability of Clinical Practice Guidelines to general and specialty practice
2. Describe the process of finding, evaluating and applying established guidelines
3. Identify resources for locating Pediatric GI specific practice guidelines

Publishing

Facilitated by Rosemary Young, RN, MS, CGRN, APGNN President Elect

Goal: To review the steps necessary to succeed in publishing

Objectives:

1. Identify potential areas of interest that merit possible publication
2. Describe the major differences between writing for publication and observational/review data
3. Identify and describe the importance of collaborative relationships which will assist in getting articles published
4. Describe the major steps necessary when preparing information for publication

Endoscopy

Facilitated by Anita Puma, R.N, Children's Hospital of Philadelphia

Goal: To discuss issues related to endoscopy in children including: preprocedure preparation, bowel preps, preprocedure anxiolysis, IV placement, monitoring, sedation vs anesthesia, staffing, new trends (Propofol/NAPs), new technology (BRAVO, Video Capsule endoscopy), endoscopic therapy and organizations to expand endoscopic knowledge

Dealing with Challenging Families

Facilitated by Michael B. Grossman, MSN, R.N., Children's Hospital of Philadelphia

Goals and Objectives:

1. Identify the dynamics of challenging families
2. Identify factors that contribute to teams reaching an impasse with families
3. Identify strategies to help the team work through their relationships with emotionally challenging families

Discussion: Emotionally difficult patients and families create stress for the entire health care team. There has been an increased incidence of these types of patients due to the stress of society, increases in chronic illness, drug and alcohol problems and limited health care resources to name a few. We will discuss some of the dynamics of working with these difficult situations and develop concrete solutions.

Patient and Family Education Committee

Submitted by Lisa Philichi, Chair

Here is a quick quiz for your learners. This may help with your selection style of teaching methods

Find Your Preferred Learning Style

Select the response that BEST describes your personal preferences:

- | | |
|---|---|
| <ol style="list-style-type: none"> 1. When you spell do you: <ol style="list-style-type: none"> a. Try to see the word b. Use the phonetic approach c. Write the word down to find if it feels right 2. When you are concentrating do you get distracted by: <ol style="list-style-type: none"> a. Untidiness b. Sounds/noises c. Movement 3. When you are angry do you mostly: <ol style="list-style-type: none"> a. Become silent and seethe b. Express it in an outburst c. Storm off or grit your teeth 4. When you forget something do you: <ol style="list-style-type: none"> a. Forget names but remember faces b. Forget faces but remember names c. Remember best what you did 5. When contacting people regarding business, you prefer: <ol style="list-style-type: none"> a. A direct personal meeting face to face b. The telephone c. Talking it out while walking or during another activity | <ol style="list-style-type: none"> 6. Which of the following arts to you most enjoy: <ol style="list-style-type: none"> a. Visiting a museum b. Attending a concert c. Going to a ballet 7. When rewarding someone do you: <ol style="list-style-type: none"> a. Write remarks of praise on their work or in a note b. Give them oral praise c. Give them a pat on the back 8. When interpreting someone's mood do you: <ol style="list-style-type: none"> a. Look at their facial expression b. Listen to their tone of voice c. Watch their body movement 9. When learning, do you like: <ol style="list-style-type: none"> a. Demonstrations, diagrams or slides b. Verbal instructions, talks and lectures c. Direct involvement or role playing 10. When relaxing are you more apt to: <ol style="list-style-type: none"> a. Watch TV, read or see a play b. Listen to the radio or CDs c. Play sports or games |
|---|---|

Now add the number of responses for A, B and C.

If the majority of your answers were **A**, you are a visual learner. Mostly **B** responses indicate you are an auditory learner and if **C** was selected more often, you are a kinesthetic learner.

Adapted from: Colin, R., Accelerated Learning, Dell Publishing Group, Inc., 1997

Learning Tips for Different Learning Styles

Visual learners should:

Use graphics, films, slides, illustrations, diagrams and doodles to reinforce learning
 Color code to organize notes and possessions
 Ask for written directions
 Use flow charts and diagrams for note taking
 Visualize spelling of words or facts to be memorized
 Body language
 Puzzles

Auditory learners should:

Use tapes for reading, class and lecture notes
 Learn by interviewing or participating in discussions
 Have test questions or directions read aloud or put on tape
 Repetition
 Pair and share

Kinesthetic

Engage in experiential learning (models, lab work, role play)
 Take frequent breaks
 Use computers to reinforce learning through touch
 Memorize or drill while moving
 Express abilities through movement
 Toys to play with
 Short-timed classes, not all day

APGNN WEBSITE UPDATE



Robin Shannon, Linda Hurd and I continue to work with the design team of Tyler Francks and Jim Murphy at ActiveWeb on the construction of our new website. Our goals are to make it as informative, user friendly and appealing as possible. We are fortunate to have an excellent design team and are pleased with the progress to date. We hope to unveil/launch the website at the conference. I personally had hoped for more membership input into desired features, but only received one reply from the e-mail sent to our members. Your input is still welcomed! Kindly e-mail me with ideas at my newest e-mail address: addie.mcduffie@chkd.org. I would also like to thank TAP for their generous support of the upgrade.

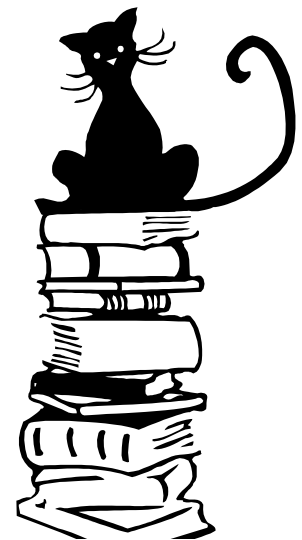
**Your President,
Addie McDuffie**

Update on the Clinical Handbook of Pediatric Gastroenterology

The contract with Quality Medical Publishing is being signed and our organization is moving forward!

Authors have been assigned chapters as follows: abdominal pain, allergic conditions of the GI tract, short bowel syndrome/Rosemary Young; celiac disease/Mary Alice Tully; constipation & encopresis and GERD/Lisa Philichi; cyclic vomiting/Addie McDuffie; diarrhea/Patty Bierly; failure to thrive, feeding tubes, growth charts/Kim Jarczyk; GI bleed/Robin Shannon; hepatitis/Patty Turner; IBD/Sue Peck; liver disease/Angela Tendick & Cheryl Calabro; obesity/Kathy Milliken; pancreatitis/Beth Goldberg; Transplant/Cindy Brown & Shari Huffman; medications/Shari Huffman & Lisa Philichi; nutrition/Laura Beerman; feeding tubes/Corrine Maurins.

We are still in need of someone with writing experience to author the tests/labs section (physiologic basis, interpretation and consideration). Also, reviewers for each chapter are needed. If you are interested please contact Lisa Philichi (lisa.philichi@multicare.org) and/or Rosemary Young (rjyoung@unmc.edu). We would greatly appreciate your participation and look forward to working with you!



From the Editor's Desk



In the next issue of our Newsletter, there will be plenty of information summarizing our upcoming meeting in Salt Lake City. While we would hope that every one of our members could join us for this meeting and Anniversary Celebration, we realize that is not possible. We will do everything we can to be sure you have the most current, cutting edge information presented by your APGNN and NASPGHAN colleagues. In the very near future, our Website will be up and running and this will give you up to the minute access to our organization. We hope to be able to post current and past issues of the Newsletter on the website with an easy link to me in order to post articles and announcements.

For those of you who are aspiring authors, the Newsletter may be a great place to start. We are here to assist you in any way we can, so get in touch!

Sincerely,

Robin Shannon, MS, RN, CPNP

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WELCOME to all our new APGNN Members!!

We have had a wonderful influx of new members, which will certainly enhance our organization. Please feel free to contact any of us for questions or assistance in the future. Networking is strong within APGNN and we frequently look to each other for practice issues, publication assistance, research and patient advocacy to name a few.

For those of you who are not aware, we have a pediatric GI nurses "Bulletin Board" where anyone can post questions regarding pediatric GI practice. Until our Website is up and running, this is an easy way to connect with colleagues throughout the country.

Here's how you join (it's free!): go to www.smartgroups.com and click on *Join a Group*, click *Health & Medicine*, click *Healthcare Professionals*, click *Nurses* and then click *Pediatric GI Nursing* and follow the instructions. It's easy!